



**3rd Expeditionary Sustainment Command
16th Sustainment Brigade
Public Affairs Office**

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Soldiers celebrate President's Day with 5K

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CONTINGENCY OPERATING BASE Q-WEST, Iraq- Nearly 200 runners gathered outside the Morale, Welfare and Recreation Base Complex at COB Q-West for a five-kilometer fun run, Feb. 16.

The sun was up early and the weather was clear, which hadn't been the case at Q-West during the previous run.

"It is definitely warmer than last month's run and most definitely warmer than the Midnight Madness run", said Maj. Adam Iwaszuk, executive officer, 181st Brigade Support Battalion.

Pre-run activities included a rendition of the National Anthem sung by Senior Master Sgt. Robert Greene, 732nd Expeditionary Civil Engineer Squadron, followed by an invocation from Sgt. Chad Hollopeter, chaplain assistant, 181st BSB, 16th Sustainment Brigade.

This month's event was the second time there was a guidon race. The guidon race is where a five-man team runs with their unit's guidon, and their time is finished when the last person on the team finishes the race.

Last month, 181st BSB's team took home the crown, edging out Bravo Co., 184th Infantry, 30th Combat Sustainment Support Battalion, 16th Sust. Bde. This month, however, saw a reversal of last month. Bravo Co. beat the Soldiers from 181st BSB by nearly one minute.

"The 181 will be looking forward to re-claim their title next run," said Lt. Col. Alan Dorow, commander, 181st BSB, to Capt. Peter Lewis, commander, Bravo Co.

To that Lewis retorted, "With all due respect Sir, we mopped the floor with you guys."

2nd Lt. Marshall Kulp, 574th Quartermaster Co., 30th CSSB, took first in the men's division and 2nd Lt. Stephanie Bulick took home the women's crown.

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Nearly 200 runners gathered outside the Morale, Welfare and Recreation Base Complex at Contingency Operating Base Q-West, Iraq, for a five-kilometer President's Day fun run Feb. 16. (Photo by Sgt. 1st Class Kristen Froelich)