



# 7<sup>TH</sup> CIVIL SUPPORT COMMAND COMBATIVES TOURNAMENT

(14 AUGUST 2015)



**WHO:** All Soldiers and Service Members are invited to participate.

**WHAT:** Modern Army Combatives Program Tournament. Tournament will be conducted in accordance with the US Army Combatives School Standard Rules.

**WHERE:** BLDG 105, Sembach Kaserne, Sembach, Germany.

**WHEN:** Friday, 14 August 2015.

- Rules and Safety Brief begins at 0800 on 14 August 2015.
- Weigh in and Registration will be from 1300 – 1700 on Thursday, 13 August 2015 in BLDG 105, Sembach Kaserne, Sembach, Germany.

**HOW TO REGISTER:** For pre-registration, contact SSG Maybury at DSN 314-483-4783 email david.w.maybury.mil@mail.mil or SSG Kaseman at DSN 314-483-4613 email katie.l.kaseman.mil@mail.mil. Registration the day of weigh ins is also accepted.

**UNIFORM:** All fighters will wear serviceable, sterile ACU top and bottoms with a tan t-shirt (unit tan t-shirt ok). Shorts and/or tight fitting undergarments must be worn underneath ACUs. **Mouth guards are required.** Soft knee/ankle braces, groin protectors, and wrestling shoes are optional. No glasses permitted, soft contacts are acceptable. Finger and toe nails must be clipped and fighters must conduct proper hygiene prior to tournament. Shower shoes must be worn when walking off the combatives mats.

WEIGHT CLASS**	MALE*	FEMALE*
Flyweight	125lbs and below	136lbs and below
Lightweight	140lbs and below	153lbs and below
Welterweight	155lbs and below	169lbs and below
Middleweight	170lbs and below	185lbs and below
Cruiserweight	185lbs and below	198lbs and below
Light Heavyweight	205lbs and below	227lbs and below
Heavyweight	206lbs and above	228lbs and above

\*This is a non gender specific competition.

\*\*Weight classes will be combined depending on the number of fighters.

**WARRIORS!**

For more information contact SSG Maybury at DSN: 314-483-4783 or david.w.maybury.mil@mail.mil