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Morale, Welfare, and Recreation

Civilian Participation in Sports and Fitness Programs

*This regulation supersedes USAREUR Regulation 215-9, 15 November 2001.

For the Director, IMA-EURO:

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Summary. This regulation establishes policy for civilian participation in sports activities in the European theater.

Applicability. This regulation applies to U.S. civilian personnel assigned to USAREUR and IMA-EURO organizations and their family members.

Supplementation. Organizations will not supplement this regulation without IMA-EURO (IMEU-MWD-R) approval.

Forms. AE and higher-level forms are available through the Army in Europe Publishing System (AEPUBS).

Records Management. Records created as a result of processes prescribed by this regulation must be identified, maintained, and disposed of according to AR 25-400-2. Record titles and descriptions are available on the Army Records Information Management System website at <https://www.arims.army.mil>.

Suggested Improvements. The proponent of this regulation is the IMA-EURO (IMEU-MWD-R, DSN 370-8636). Users may suggest improvements to this regulation by sending DA Form 2028 to IMA-EURO (IMEU-MWD-R), Unit 29353, Box 200, APO AE 09014-9353.

Distribution. C (AEPUBS).

CONTENTS

1. Purpose
2. References
3. Explanation of Abbreviations
4. Responsibilities
5. Policy and Procedures

1. PURPOSE

This regulation establishes policy and procedures for authorized civilian personnel and family members to participate in sports and fitness activities in the European theater.

2. REFERENCES

- a. AR 25-400-2, The Army Records Information Management System (ARIMS).
- b. AR 215-1, Morale, Welfare, and Recreation Activities and Nonappropriated Fund Instrumentalities.
- c. DA Form 2028, Recommended Changes to Publications and Blank Forms.

3. EXPLANATION OF ABBREVIATIONS

ASG	area support group
BSB	base support battalion
DOD	Department of Defense
ID	identification
IMA-EURO	United States Army Installation Management Agency, Europe Region Office
U.S.	United States
USAREUR	United States Army, Europe

4. RESPONSIBILITIES

Area support group (ASG) commanders are responsible for—

- a. Organizing and supporting sports activities for civilians.
- b. Ensuring that sports activities for civilians do not detract from mission-essential physical-fitness programs for Soldiers. (AR 215-1 regulates unit-level sports and sports conducted in ASGs.)

5. POLICY AND PROCEDURES

The ASG commander organizing a sporting event or league will determine the eligibility for civilian participation. ASG commanders will also ensure that the following requirements are met when conducting team sports between base support battalions (BSBs) (for example, Army European Championships):

- a. Civilians who take part in the event must be U.S.-ID-card holders and one of the following:
 - (1) A DOD appropriated or nonappropriated fund U.S.-citizen employee.
 - (2) A family member of a DOD appropriated or nonappropriated fund U.S.-citizen employee.
 - (3) A family member of an active-duty member of the U.S. military.
 - (4) A U.S. contractor who is eligible to use U.S. military facilities.
- b. Civilian participants in sporting events must—
 - (1) Be at least 18 years old and not be enrolled in high school.
 - (2) Not be eligible to take part in the Youth Services Program.
 - (3) Be on leave, on compensatory time, or off duty when practicing or taking part in the event.
 - (4) Compete only on the team of the BSB where they or their sponsors are permanently assigned.
 - (5) Not compete against military personnel in contact sports (boxing, wrestling, tae kwon do, judo, and touch or tackle football).
- c. In sports programs for men, team rosters must include at least 75 percent U.S. active-duty military personnel.

d. In sports programs for women, team rosters should include at least 75 percent U.S. active-duty military personnel.

(1) The 75-percent quota will not be ignored to form a more competitive womens team. When the BSB has enough interested U.S. active-duty women available to meet the 75-percent quota, those women will be given priority regardless of their athletic abilities.

(2) BSBs that are unable to meet the 75-percent quota must request approval from IMA-EURO (IMEU-MWD-R) before entering the team into any league or other competition. Requests must be sent to IMA-EURO (IMEU-MWD-R), Unit 29353, Box 200, APO AE 09014-9353.

e. In individual sports, separate civilian divisions may be established when enough civilians are interested.

f. In sports events involving more than one ASG (for example, invitational tournaments or 1-day competitions), the ASG commander organizing and hosting the event will determine the extent of civilian participation.

g. Age limits are established to ensure a safe environment for all customers of fitness centers. Medical organizations like the American College of Sports Medicine provide specific guidelines for youth-fitness programs. The Army standard is consistent with these guidelines. Youths may use adult indoor physical-fitness centers only under the following conditions:

(1) They conduct themselves in a reasonable, responsible manner and abide by the rules of the facility.

(2) Their use of the facility does not prevent Soldiers from using it.

(3) Children 12 years old and younger are not authorized in the cardiovascular, strength, sauna, or steam rooms; nor are they allowed in Jacuzzi areas at any time.

(4) Children up to 16 years old must be one of the following:

(a) Accompanied by, under the direct supervision of, and actively taking part in the same activity as their parent or guardian.

(b) Participating in a special program organized and conducted by Child and Youth Services, Department of Defense Dependents Schools, or other authorized youth organization.

(5) Children of kindergarten age and older will use sex-appropriate showers, locker rooms, and restrooms.